

Safe Medication Disposal

Prescription medication plays an important role in treating certain conditions. Unused or expired medications should be properly disposed of to avoid harm. For example, pain medication (opioids) can be very effective for treating pain, but prolonged use or misuse can lead to addiction, accidental poisoning or overdose.



80%+

Of older adults (ages 57 to 85 years) use at least one prescription medication daily¹



16 million

Americans aged 12 or older misuse prescriptions in a year¹



62%

Of teens report misusing prescription medications because they can access them from their parent's medicine cabinets¹

Proper disposal of unused medications saves lives.

POTTAWATTAMIE COUNTY

Safe Home Disposal

Medication disposal packets are available at your local pharmacy to support safe disposal of unused medications at home. Scan the QR codes for instructional videos!

DisposeRx ®

- 1) Remove prescription label, open bottle and fill 2/3 with water.
- 2) Empty packet of DisposeRx ® into the bottle, replace cap.
- 3) Shake for 30 seconds then throw bottle in trash.



<https://disposerx.com/page/5/product-and-program#video> (Link)

Deterra ® Drug Deactivation System

- 1) Pour medication in Deterra ® pouch and fill 1/2 with water.
- 2) Wait 30 seconds, seal, shake and dispose in trash.



<https://deterasystem.com/resources/videos/> (Link)

Safe Medication Disposal

Pottawattamie County Drop-Off Locations

You can safely dispose of unused or expired medications locally at one of the permanent drug disposal drop-off locations below.

- | | | |
|---|--|---|
| + All Care Health Center
902 S 6th St
Council Bluffs, IA 51501
712-325-1990 | + Hy-Vee Pharmacy
1745 Madison Ave
Council Bluffs, IA 51503
712-322-9222 | + Walgreens
535 E Broadway
Council Bluffs, IA 51503
712-329-0930 |
| + CHI Health Pharmacy - Valley View
1288 Valley View Dr
Council Bluffs, IA 51503
712-242-2405 | + Pottawattamie County Sheriff's Office
1400 Big Lake Rd
Council Bluffs, IA 51501
712-890-2200 | + Walgreens
2508 W Broadway
Council Bluffs, IA 51501
712-328-2266 |
| + CHI Health Pharmacy – W Broadway
3135 W Broadway
Council Bluffs, IA 51501
712-242-2070 | + Super Saver Pharmacy
1441 N Broadway
Council Bluffs, IA 51503
712-322-8778 | + Lehan Pharmacy
317 Main St
Minden, IA 51553
712-483-2884 |
| + Hy-Vee Pharmacy #1092
2323 W Broadway
Council Bluffs, IA 51501
712-322-3111 | + Union Pharmacy
235 W Broadway
Council Bluffs, IA 51503
712-328-3344 | + Oakland Pharmacy
601 Pioneer Ave
Oakland, IA 51560
712-482-3015 |